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MEDIA RELEASE

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Redmond Schools offer Athletic Physical Night for middle and high school students

Redmond, Ore – Redmond School District will be hosting its Athletic Physical Night at Redmond High School on August 15th for all middle and high school student athletes in the district.

All students who intend to participate in sports at Redmond middle or high schools as well as Redmond Proficiency Academy should attend to complete athletic sign-up and clearance procedures. Parents must accompany their student-athlete to this event to complete the clearance process and pay-to-play fees for athletics.

Physicals will be offered to students for \$20. Incoming freshmen, juniors and all middle school athletes are required to have a physical before competing in athletics.

The district asks that students come at the following designated times, based on the student's last name:

- Last name A-G: 5:00 pm – 6:00 pm
- Last name H-P: 6:00 pm – 7:00 pm
- Last name Q-Z: 7:00 pm – 8:00 pm

Costs for the event are covered by donations of time and money from local physicians, medical personnel and community volunteers. All proceeds will be used to purchase sports medicine supplies for student athletes in all Redmond School District schools.

For questions or more information about Redmond School District's Athletic Physical Night, please contact Cari Wood, Sports Medicine Instructor and Head Athletic Trainer at 541-923-4806.

About Redmond School District

Located in Redmond, Ore, the Redmond School District serves more than 7,000 students from Redmond, Alfalfa, Crooked River Ranch, Eagle Crest, Terrebonne and Tumalo. The district currently operates five K-5 elementary schools; two K-8 community schools, two middle schools, one charter school, one educational center and two comprehensive high schools. Its mission is to ensure rigorous and relevant instruction which leads to mastery and the development of productive citizens. Learn more about the Redmond School District online at www.redmond.k12.or.us.

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