

FEBRUARY 2019

ELTON GREGORY AND OBSIDIAN

BREAKFAST PRICING
 ELEMENTARY \$1.75
 MIDDLE SCHOOL \$1.90
 HIGH SCHOOL \$2.00

Monday

Tuesday

Wednesday

Thursday

Friday

4
**DISTRICT WIDE
 CURRICULUM DAY
 NO SCHOOL**

5
 PANCAKE WRAP
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

6
 BREAKFAST COOKIE
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

7
 FRENCH TOAST STICKS
 ASSORTED CEREAL
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

1
 FRUIT BREAKFAST BAR
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

8
 FRUIT BREAKFAST BAR
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

11
 BANANA BREAD
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

12
 PANCAKE WRAP
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

13
 BREAKFAST COOKIE
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

14
 FRENCH TOAST STICKS
 ASSORTED CEREAL
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

15
 FRUIT BREAKFAST BAR
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

18
**PRESIDENT'S DAY
 NO
 SCHOOL**

19
 PANCAKE WRAP
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

20
 BREAKFAST COOKIE
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

21
 FRENCH TOAST STICKS
 ASSORTED CEREAL
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

22
 FRUIT BREAKFAST BAR
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

25
 BANANA BREAD
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

26
 PANCAKE WRAP
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

27
 BREAKFAST COOKIE
 ASSORTED CEREALS
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

28
 FRENCH TOAST STICKS
 ASSORTED CEREAL
 FRESH FRUIT
 JUICE
 MILK NONFAT OR LOW FAT

MILK OR ORANGE JUICE CAN BE PURCHASED A LA CARTE FOR .50

This institution is an equal opportunity provider

Check student balances, pay online or apply for meal benefits @ www.redmondschools.org/nutrition

