

# OCTOBER EG OMS RHS AND RVHS

LUNCH PRICES  
ELEMENTARY \$3.00  
MIDDLE SCHOOL \$3.20  
HIGH SCHOOL \$3.25

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

1  
TERIYAKI CHICKEN WITH RICE  
CHICKEN CAESAR SALAD  
TUNA SANDWICH  
BURGERS  
PIZZA  
BAJA BAR  
PBJ

2  
BBQ CHICKEN PIZZA  
FRIT CHEESE AND MUFFIN BOX  
BURGERS  
PIZZA  
BAJA BAR  
PBJ

3  
BAKED MAC AND CHEESE  
CRISPY CHICKEN SALAD  
TURKEY AND CHEESE DELI  
BURGERS  
PIZZA  
BAJA BAR  
PBJ

4  
CHICKEN CHEESE FRIES  
FRUIT CHEESE AND MUFFIN BOX  
BURGERS  
PIZZA  
BAJA BAR  
PBJ

7  
CHICKEN NUGGETS  
TOTS  
TURKEY AND CHEESE DELI  
BURGERS  
PIZZA  
FRUIT CHEESE AND MUFFIN BOX  
PBJ

8  
SPAGHETTI AND MEATBALLS  
CHICKEN CAESAR SALAD  
TUNA SANDWICH  
BURGERS  
PIZZA  
BAJA BAR  
PBJ

9  
BBQ PULLED PORK SANDWICH  
TOTS  
FRUIT CHEESE AND MUFFIN BOX  
BURGERS  
PIZZA  
BAJA BAR  
PBJ

10  
HOT DOGS  
TOTS  
CRISPY CHICKEN SALAD  
TURKEY AND CHEESE DELI  
BURGERS  
PIZZA  
BAJA BAR

11  
**NO SCHOOL**  
**STATE INSERVICE DAY**

14  
POPCORN CHICKEN  
CURLY FRIES  
TURKEY AND CHEESE DELI  
BURGERS  
PIZZA  
FRUIT CHEESE AND MUFFIN  
BAJA BAR  
PBJ

15  
ORANGE CHICKEN  
RICE  
CHICKEN CAESAR SALAD  
TUNA SANDWICH  
BURGERS  
PIZZA  
BAJA BAR  
PBJ

16  
MEATBALL SUB SANDWICH  
FRUIT CHEESE AND MUFFIN BOX  
BURGERS  
PIZZA  
BAJA BAR  
PBJ

17  
GRILLED CHEESE AND TOTS  
CRISPY CHICKEN SALAD  
TURKEY AND CHEESE DELI  
BURGERS  
PIZZA  
BAJA BAR  
PBJ

18  
**NO SCHOOL**  
**PARENT CONFRENCES**  
**MS AND HS**

21  
CHICKEN NUGGETS  
TOTS  
TURKEY AND CHEESE DELI  
BURGERS  
PIZZA  
FRUIT CHEESE AND MUFFIN BOX  
PBJ

22  
CHICKEN AND BROCCOLI  
RICE  
CHICKEN CAESAR SALAD  
TUNA SANDWICH  
BURGERS  
PIZZA  
BAJA BAR  
PBJ

23  
FAJITA BOWL  
FRUIT CHEESE AND MUFFIN  
BURGERS  
PIZZA  
BAJA BAR  
PBJ

24  
HOT HAM AND CHEESE SANDWICH  
CRISPY CHICKEN SALAD  
TURKEY AND CHEESE DELI  
BURGERS  
PIZZA  
BAJA BAR  
PBJ

25  
CHICKEN PARMASEAN  
ON PASTA  
FRUIT CHEESE AND MUFFIN BOX  
BURGERS  
PIZZA  
BAJA BAR  
PBJ

28  
POPCORN CHICKEN  
CURLY FRIES  
TURKEY AND CHEESE DELI  
BURGERS  
PIZZA  
FRUIT CHEESE AND MUFFIN  
BAJA BAR  
PBJ

29  
TERIYAKI CHICKEN WITH RICE  
CHICKEN CAESAR SALAD  
TUNA SANDWICH  
BURGERS  
PIZZA  
BAJA BAR  
PBJ

30  
BBQ CHICKEN PIZZA  
FRIT CHEESE AND MUFFIN BOX  
BURGERS  
PIZZA  
BAJA BAR  
PBJ

31  
BAKED MAC AND CHEESE  
CRISPY CHICKEN SALAD  
TURKEY AND CHEESE DELI  
BURGERS  
PIZZA  
BAJA BAR  
PBJ



MILK CAN BE PURCHASED A LA CARTE FOR .50

This institution is an equal opportunity provider

Check student balances, pay online or apply for meal benefits @ [www.redmondschools.org/nutrition](http://www.redmondschools.org/nutrition)